



OPEN SOURCE HEALTH

FOR IMMEDIATE RELEASE:

Open Source Health Announces Hormone Soup TV Season 1 Designed for Distribution on Digital Channels exceeding 100 million subscribers

Toronto, Ontario, Canada – December 12, 2014: Open Source Health Inc. (CSE:OSH), a cloud based integrative healthcare platform that puts control in the hands of women to educate, advocate and collaborate on their own healthcare is pleased to announce that Season 1 of Hormone Soup will begin airing in the second half of 2015. With the Second Screen and digital integration, the shows distribution channels will target daytime TV, over 14 million woman viewers and digital on-demand to over 100 million viewers. Hormone Soup's content is highly exciting and informative, and will originate users exclusively to the Open Source platform, providing users with access to our full suite of Integrative Health Care services.

“Educating patients is one of the most time-consuming, and therefore most expensive, aspects in delivering quality integrative healthcare.” states Sonya Satveit, CEO and Founder of Open Source Health Inc. “Using digital media such as video and second screen technology we can provide an enhanced and interactive educational experience that brings tremendous awareness to the Open Source Health Platform - we are very pleased that this strategic alliance will drive our growth and open up new avenues to better health for patients and customers”

Season 1 will have 30 episodes centred around women’s hormone, reproductive and sexual health. Television show topics will focus on women’s health issues that have either a high prevalence, are poorly understood, or are controversial, such as:

1. Thyroid Disorder: 200 million worldwide
2. Infertility: 15% of couples
3. Mental health – often linked to endocrine disorders
4. Polycystic Ovarian Syndrome (PCOS) – 1 in 10 women worldwide
5. Endometriosis: 176 million women worldwide, commonly misdiagnosed

6. Miscarriage: 10 – 25% of all pregnancies end in miscarriage
7. Dense Breast Tissue: over 40% of women
8. Perinatal Mood Disorder: 15 – 20% of new mothers
9. Ovarian Cancer: Quarter of a million women diagnosed each year
10. Endometrial Cancer: over 300,000 women diagnosed each year
11. Uterine Fibroids: 235 million women suffer worldwide
12. Perimenopause: 100's of millions of women
13. Menopause: 100's of millions of women
14. Hysterectomy: 1 in 3 women in the USA will have a hysterectomy by age 60
15. Pre-Menstrual Syndrome (PMS): 48% of women worldwide
16. Pre-Menstrual Dysphoric Disorder (PMDD): between 3 – 8% of women worldwide

Each episode will feature the host, Sonya Satveit, interviewing leading physicians and health professionals, as well as patients that have suffered and are now managing their health through integrative medicine approaches. The goal of each show is to educate and provide women with key strategies around advocating for themselves to help them live a healthy and abundant life. With the explosion in digital health, each episode will also include a technology update featuring the latest innovations in women's health.

Show production will commence in the first half of 2015 with release to be scheduled after Sept 2015.

About Hormone Soup Inc:

Hormone Soup (www.hormonsoup.com) is a women's hormone health website where Founder and President, Sonya Satveit publishes her story and research. As a empowered patient and women's health advocate her story has touched women in over 100 countries. These women and their similar health struggles helped inspire the creation of the Integrative Healthcare platform within Open Source Health. Sonya continues to publish her stories with the hope that this information may make a difference in women's day-to-day lives.

About Open Source Health Inc.:

Open Source Health takes a truly patient-centered approach and is in the business of providing a real-time integrative healthcare solution for women in an open source architecture. Open Source Health Inc. is set to lead the current healthcare revolution by leveraging the latest trends in digital health, personalized health, social health and participatory medicine.

For more information, visit www.opensourcehealth.com

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Forward Looking Statements

Certain information set forth in this news release may contain forward-looking statements that involve substantial known and unknown risks and uncertainties. These forward-looking statements are subject to numerous risks and uncertainties, certain of which are beyond the control of Open Source Health Inc. ("OSH"), including, but not limited to, the impact of general economic conditions, industry conditions and the uncertainty of obtaining additional financing. Readers are cautioned that the assumptions used in the preparation of such information, although considered reasonable at the time of preparation, may prove to be imprecise and, as such, undue reliance should not be placed on forward-looking statements. Forward-looking statements contained in this press release are expressly qualified by this cautionary statement.

The forward-looking statements contained in this press release are made as of the date of this press release, and OSH does not undertake any obligation to update publicly or to revise any of the included forward-looking statements, whether as a result of new information, future events or otherwise, except as expressly required by applicable securities law.